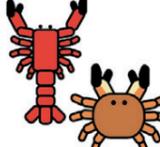
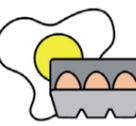
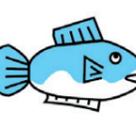
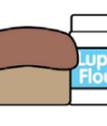


DISHES AND THEIR ALLERGEN CONTENT – NUTRITION KINGZ NE LTD – 2026

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES														
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
OVERNIGHT OATS CHOC CRUNCH		✓					✓			HAZELNUTS	✓		✓	
OVERNIGHT OATS BISCOFF CRUNCH		✓					✓						✓	
OVERNIGHT OATS COOKIE N CREAM		✓					✓						✓	
OVERNIGHT OATS NUTS & HONEY		✓					✓			✓	✓		✓	
OVERNIGHT OATS BLUEBERRY / CHAI		✓					✓						✓	
GRANOLA, FRUIT & YOGHURT POT		✓					✓			✓				
FRUIT & YOGHURT HONEY POT		✓					✓							
HARD BOILED EGGS (2)		✓		✓										