DISHES AND THEIR ALLERGEN CONTENT - NUTRITION KINGZ NE LTD - 2025

(Note – Please state the name of the cereal(s) containing gluten** in that column AND/OR the name of the nut(s)* in that column)

DISHES						Lupin Flour			MUSTARD					Beer
	Celery	Cereals containing gluten**	Crustaceans	s Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
OVERNIGHT OATS CHOC / PEANUT		\checkmark					\checkmark			HAZELNUTS	\checkmark		\checkmark	
OVERNIGHT OATS BISCOFF SAUCE		\checkmark					\checkmark						\checkmark	
OVERNIGHT OATS COOKIE N CREAM		\checkmark					\checkmark						\checkmark	
OVERNIGHT OATS KIWI & HONEY		\checkmark					\checkmark						\checkmark	
PROTEIN PANCAKE CHOC / PEANUT		\checkmark					\checkmark			HAZELNUTS	\checkmark		\checkmark	
PROTEIN PANCAKE BISCOFF SAUCE		\checkmark					\checkmark						\checkmark	
PROTEIN PANCAKE YOGHURT & FRUIT		\checkmark					\checkmark						\checkmark	
GRANOLA, FRUIT & YOGHURT POT		\checkmark					\checkmark			\checkmark				
OVERNIGHT OATS BLUEBERRY / BANANA		\checkmark					\checkmark						\checkmark	

Review date: 15-05-2025

Reviewed by: A Baldridge

025 t(s)* in that column)



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CHEESECAKE 99 STRAWBERRY		\checkmark					\checkmark							
CHEESECAKE BISCOFF SAUCE		\checkmark					\checkmark						\checkmark	
CHEESECAKE COOKIE N CREAM		\checkmark					\checkmark							
CHEESECAKE CHOC / PISTACHIO		\checkmark					\checkmark			\checkmark			\checkmark	
CHEESECAKE MINT AERO							\checkmark							
CHEESECAKE CHOC ORANGE							\checkmark							
CHOCOLATE BROWNIE		\checkmark		\checkmark										
COCONUT PROTEIN BOMBS		\checkmark				\checkmark	\checkmark			COCONUT				

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